



PRODUCT SPECIFICATIONS

Dimensions (LWH)	42" x 50" x 60" (107 cm x 127 cm x 152 cm)
Weight Stack Configuration	(5) 20 lb. plates (9 kgs) (9) 10 lb. plates (4.5 kgs) (1) 10 lb. top plate (4.5 kgs) (1) 5 lb. increment weight (2.25 kgs)
Product Weight	556 lbs. (252 kgs)
Maximum User Weight	350 lbs. (159 kgs)
Warranty	10 Years Structural Frame 3 Years Bearings, Guide Rods, Pulleys, Weight Stacks 1 Year Cables, Labor 120 Days Upholstery, Handles & Accessories
Bolt Down Strap	Bolt Equipment to Floor

F810 BICEP

LINE > FreeMotion® EPIC

TYPE > selectorized

MODEL > F810

FEATURE > curved handle design



FEATURES & BENEFITS

HANDLE DESIGN • Unique handle design allows for a comfortable, natural grip for multiple hand positions.

SEAT ADJUSTMENT • Seat adjusts to multiple positions to accommodate all user heights.

CABLE • Heavy-duty, ¼" cable is rated to 4,200 lb. minimum tensile strength.

WEIGHT STACK AND INCREMENT SYSTEM • Featuring a 205 lb. weight stack with a 5 lb. drop-down increment weight, the FreeMotion® EPIC Bicep delivers incredible versatility.

 $\mbox{\bf FLOOR PROTECTORS}$, Made of molded rubber, these guards protect the floor.

SERVICEABILITY • The tower design allows for simple cable service while the removable upholstery allows for easy replacement of wear items.

